WIZARD SKILLS: WORKING WITH ADOLESCENTS WHO ENGAGE IN HARMFUL SEXUAL BEHAVIOURS TO BUILD SKILLS FOR A HEALTHY FUTURE

PRESENTED BY:



ANETTE BIRGERSSON



CHRISTIN SANTIAGO

RUN BY CLINICIANS - FOR CLINICIANS!

DATE:

30TH NOVEMBER 2021 10AM - 2PM AEST

DISCOUNTED COST:

\$200AUD, GST INCLUSIVE

THIS WEBINAR WILL ALSO BE AVAILABLE FOR PURCHASE IN 2022 FOR \$250AUD GST INCL.

GROUP DISCOUNTS AVAILABLE.

PLEASE CALL TO ENQUIRE

A FOUR-HOUR PRE-RECORDED WORKSHOP FOR ANYONE WHO IS WORKING WITH COMPLEX YOUNG PEOPLE. FROM BEING BRAND-NEW TO THE FIELD THROUGH TO HAVING DECADES OF EXPERIENCE.

\$200AUD GST INCLUSIVE. GROUP DISCOUNTS APPLY.

Working with adolescents engaging in Harmful Sexual Behaviours (HSB's) requires skilled and confident practitioners who can assist youth to manage HSBs, and also to utilise strengths-based, skill-building approaches in order to develop a healthy 'future' adult persona.

Anette Birgersson and Christin Santiago's Wizard Skills program combines sound therapeutic tools, including DBT and Recreational Therapy, within a Risk-Needs-Responsivity framework. Wizard Skills training develops clearer, comprehensive understanding of how interventions can be tailored to individual client-needs - rather than 'one-size fits-all' approaches which do not adequately address complex presentations.

You will develop new skills in a safe environment, with Anette and Christin guiding you in developing the skills showcased, via both discussion and demonstration. You can be as active as you want, being guided in 'trying out' the interventions presented. Anette and Christin aim to introduce you to 'ways of treatment' in a fun way – but with purpose – both for you and for your clients.

The workshop brings mind and body-based interventions to life. Participants have the opportunity to learn and practice skills in real-time, tapping into various areas of the brain, whilst demonstrating how you can have FUN in treatment, yet create client buy-in, strong motivation and confidence via the treatment strategies used. We explore the power of these interventions and how to individualise treatment to target and manage vulnerabilities.

Here is a 'taste' of what Anette and Christin present during this four-hour workshop, demonstrating tools and strategies to;

- Build therapeutic relationships in individual settings, group environments, or 'your' particular therapeutic-space,
- Assist youth to self-manage when stressed,
- Build self-awareness and self-management skills,
- Increase social skills, and more...

Wizard Skills can be used as reactive strategies (when things are going wrong) or as pro-active strategies (so as things don't go wrong).

Strategies demonstrated can all be used during-therapy (as part of the therapeutic process) or in-addition to therapy (to support therapy).

Wizard Skills are easy to use (once learned!). You leave our workshop fully-equipped to use everything demonstrated in your work.

This is a unique opportunity to engage with acknowledged experts in the field. If you are working with youth with complex issues, this workshop is for you!

See the rear of this brochure for facilitator biographies.

To Register:

Email: <u>admineprimeforensicpsychology.com.au</u> Questions? Call Nikki direct on 0408 830 906.

ABOUT ANETTE BIRGERSSON

Anette is a licensed psychotherapist with over 20 years-experience of working with children and adolescents with trauma, neuropsychiatric diagnosis and sexual harmful behaviours. Anette is trained in CBT, DBT, TF-CBT, PE, EMDR, and ERGT. She is also a certified TF-CBT trainer. Anette is well-known in her home country of Sweden for developing a culturally appropriate program for treating sexually abusive youth and young children. After almost two decades of work in this area, Anette opened her own company; Skills Clinic which has seen her undertake training and supervision all over Europe, Scandinavia, Australia and the United States. Anette is a NAPN Advisory Board member, and sits on several Boards for the Association for the Treatment of Sexual Abusers, (ATSA: USA).

ABOUT CHRISTIN SANTIAGO

Christin Santiago, is a Recreational Therapist working with youth experiencing trauma, neuropsychiatric issues and harmful sexual behaviours. Before taking on her current senior role in Massachusetts local government, she was the Director of Recreational Therapy for the Whitney Academy in Massachusetts, in this senior role, Christin developed many innovative therapeutic activities and programs with which she assisted youth to develop internal emotional and trauma-management skills through activity and movement strategies.

Internationally renowned, Christin has trained and supervised across America, Europe, Scandinavia, Australia and the UK. She has played a major coaching role in the Special Olympics, being chosen as the 2016 Coach of the Year for Special Olympics of Massachusetts, and in 2018, was selected as Head Athletics Coach to participate in the National USA SO Games in Seattle, Washington. In 2019 she was inducted into the Special Olympics Hall of Fame.

Christin has been a NAPN Advisory Board Member for many years, and is the Chair of Board of Directors for the Swedish-based Skills Clinic.

ALSO LOOK OUT FOR OUR OTHER GREAT TRAININGS, SUCH AS OUR NEW SEMINAR SERIES

Our upcoming Seminar Series is a series of 60-to-90-minute case presentations by some of your favourite (and renowned) practitioners. Facilitated as a clinical discussion by Russ Pratt, expert clinicians including Phil Rich, Jim Worling, Kevin Powell, and Kevin Creeden present their very own case work to you, working from their own particular clinical perspectives. Assessment and treatment perspectives will be covered across the series, which we specifically aim to present at a special low-cost so as to be accessible to everyone. Each presentation is accompanied by comprehensive notes outlining the case study presented, the perspective the clinician takes, the goals of assessment and treatment from the point of view of the clinician involved, and the outcomes achieved. This is a great, low-cost way to improve your practice or to simply obtain a great new perspective on case work. Look out for the Seminar Series in early-December 2021.

FOR MORE GREAT TRAININGS GO TO WWW.PRIMEFORENSICPSYCHOLOGY.COM.AU

or phone Russ: 0430 530 125 or phone Nikki: 0408 830 906

or email: admineprimeforensicpsychology.com.au